



MEALS FROM THE HEART

RONALD MCDONALD HOUSE CHARITIES®
OF CENTRAL ILLINOIS

Peoria House

Ronald McDonald House offers free accommodations and meals to families with children receiving medical care. Our families spend long days at the hospital, and your support can help by providing them with a comforting, home-cooked meal. Join us in our mission to help families in need.

Who Can Participate

- You don't have to be a trained chef - just someone who cooks from the heart!
- Groups can be up to 12 people.
- We love to include children! Please let the Volunteer Coordinator know if children will be included in your group, so we can plan an excellent visit for them. Children under the age of 18 must be accompanied by an adult.
- Business groups may have access to our community room for meetings before or after your cooking activity. Please make arrangements in advance with the Volunteer Coordinator.





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What to Expect

- Meals must be prepared in our commercial kitchen or another licensed commercial kitchen.
- Volunteers select the meal and purchase the ingredients.
- The Peoria kitchen is stocked with pots, pans, utensils, and basic spices for you to use.
- You will set out the meal on the counter like a buffet, using our serving dishes.
- You will package leftovers in individual serving containers (provided by RMHCCI).
- You will clean up after you prepare the meal.
- Please follow all procedures as described by staff, and follow all policies of the House.
- Depending on their schedules, you may or may not interact with families. We ask that you respect their privacy and engage with them only when invited.
- An outdoor grill is available for use in the warmer months.
- There is free parking across the street.



Serving Requirements

- We aim to prepare sufficient food for approximately 45-50 people, although the actual number may vary due to fluctuating occupancy of our House. We will confirm these numbers with you the week before your scheduled date.
- If your group requires more preparation time, please inform us. Dinner is served at 6:00 p.m. and groups can typically arrive 1 ½ to 2 hours in advance.



How to Register

- Email Volunteer Coordinator Lanada Cunningham at peoriameals@rmhc-centralillinois.org or call 309-401-2525
- Scan the QR code below



Ronald McDonald
House Charities®
of Central Illinois

