



Ronald McDonald  
House Charities®  
of Central Illinois

## Springfield Volunteer Opportunities

### HOUSE HOST

- Assist families and visitors with any questions
- Answer the phone and door
- Receive and process donations
- Must be at least 18 years old

Contact: [springfieldvolunteers@rmhc-centralillinois.org](mailto:springfieldvolunteers@rmhc-centralillinois.org) | (217) 528-3314



Requires a weekly, bi-weekly, or monthly commitment



Requires criminal background check.



Great group opportunity

### CLEAN UP CREW

- Help with laundry of house linens
- Perform various indoor and outdoor cleaning activities
- Sort and put away donations

Contact: [springfieldvolunteers@rmhc-centralillinois.org](mailto:springfieldvolunteers@rmhc-centralillinois.org) | (217) 528-3314

SCAN TO SIGN UP



### FACILITIES & MAINTENANCE

- Help with gardening and grounds upkeep
- Basic cleaning of the House
- Assist the staff with other maintenance tasks as needed

Contact: [jjefferies@rmhc-centralillinois.org](mailto:jjefferies@rmhc-centralillinois.org)

### MEALS FROM THE HEART HOST

- Assist groups providing dinner for RMHC families
- Familiarize groups with kitchen guidelines, organization, and cleanup

Contact: [meals@rmhc-centralillinois.org](mailto:meals@rmhc-centralillinois.org) | (217) 528-3314

### MEALS FROM THE HEART DINNER

- Provide dinner for current RMHC families
- Meals may be prepared at RMHC or catered through a commercially licensed kitchen

Contact: [meals@rmhc-centralillinois.org](mailto:meals@rmhc-centralillinois.org) | (217) 528-3314

**Want to help but unsure how? Contact us for personalized opportunities!**

\*Volunteers may be under 18. Duties are aligned with the needs of our house and families.

**610 N 7th St, Springfield | Free parking available onsite**